

Soccer

OLV Middle School Phys. Ed.

Object of the game: For your team to score by kicking the ball in the goal.

General Rules:

- The kickoff is done at the beginning of the game, after a team scores a goal (team who did not score does the kickoff) and after halftime.
- Can not use your hands, players must use their feet, head or chest to the ball, with exception of the goalkeeper and throw in.
- The ball is not of play (out of bounds) until the entire ball has crossed the sideline.
- A throw in is awarded to the team who did not put the ball out play on the sideline boundary.
- The ball is on the ground it must be dribble with the feet to move it down field
- A goal may not be scored directly from a kickoff or throw in.
- The offense must be behind the white line to score a goal

Scoring:

- The offense must be behind the white line to score a goal
- Goals are worth 1 point

Goalies:

- May block shot on goal with any body part
- May take as many steps behind the white line with the ball in their hands
- Is the only player allowed to defend against a shot on goal